

NIKKI ARNOLD JP

How to Thrive, Not Just Survive

Bestselling Author | Speaker | Coach | Director of Inspired Living International



INSPIRED LIVING INTERNATIONAL DIRECTOR

Nikki Arnold JP was an executive assistant for over twenty-two years, significantly contributing to the effectiveness and success of high-profile CEOs, in addition to principals of independent/private girls' schools. She worked long hours, with little or no flexibility, paid high taxes, and, in some instances, helped to build someone else's wealth.

Nikki is now the Director of Inspired Living International, which is based on the nineteen-billion-dollar industry within the self-development market sector (consider the phenomenon of *The Secret*).

SOUGHT-OUT SPEAKER AND EMPOWERING COACH

Nikki is a sought-after motivational speaker and coach. She speaks at various events on the topics of communication, relationships, entrepreneurship, health & wealth and mindset mastery.

Her passion is sharing her many insights and learnings with others to help them also live their best life possible. She empowers others to reach their highest potential, to have courage, believe in themselves and live a fulfilled, successful life full of positives.

"With extraordinary Action comes extraordinary Results."
- Nikki Arnold



INTERVIEW TOPICS:

- 1. How to Thrive, Not Just Survive
- Remove Your 'Suffering' and Learn How to Truly 'Flourish'
- Positive Thinking and Resilience Go Hand-in-Hand
- 4. Coping With Grief
- Don't Wait for It to Happen,Make It Happen



INTERVIEW QUESTIONS:

- 1. How can your book *PositiviThink: How to Thrive, Not Just Survive* bring value to us?
- 2. How do you break the cycle of 'going through the motions' to create a life you truly desire?
- 3. Can positive thinking really help to change your mindset and remove perceived limitations?
- 4. What is the # 1 Key Ingredient any up-and-coming entrepreneur needs to succeed in living their passion?
- 5. What would you tell someone who says "they can't" or thinks they will fail?
- 6. What are your top 2 tips for a great Relationship?
- 7. What would you say to someone who wants to achieve amazing personal results and pursue their greatest goals?
- 8. What advice would you have for someone looking to change their work situation and make their passion their profession?
- 9. What's the worst position to be in when wanting to start your own business or achieve some other goal?
- 10. Any advice for budding entrepreneur's on where to get started?

MEDIA APPEARANCES:

Nikki Arnold has been interviewed in many notable podcast shows namely The Positive Phil Show, Entrepreneur Podcast Network, Multiply Your Business Podcast, 12 Minute Convos with Engel Jones, School for Startups Podcast, Timeless Family Podcast, and the Butterflies of Wisdom Podcast.

She has been featured in many influential media outlets and is a regular contributor of HR Future Magazine, GPA Magazine, Dynamic Business Women, IdeaMensch, Next Generation Magazine, This Woman Can, ShaSavvy, and Business Business Business.

SPEAKING EXPERIENCES

Nikki is a sought-after motivational speaker and coach. She speaks at various events on the topics of communication, relationships, entrepreneurship, health & wealth and mindset mastery.

MEMBERSHIPS AND AFFILIATIONS

Business Chicks Australia Mamamia Women's Network **Brave Entrepreneurs** I Am An Online Service Provider (Coaches – Consultants – Experts – PTs) I Work In Personal Development (Experts, Coaches, Authors and Speakers)











































PRAISE & REVIEWS

"PositiviThink™ shows you how to replace a 'suffering state' with a 'flourishing state' with practical wisdom that will encourage, uplift, and recharge the spirit of all readers. An inspiring book to read!"

- GERRY ROBERT, Author of *The Millionaire*Mindset and CIO of Black Card Books

"Nikki is inspiring, always has a positive mind-set and is a wonderful example of positive thinking in action on a daily basis.

Nikki certainly has a 'glass is half-full' view on life and her sense of humour/ laugh is infectious. I have observed her strong values and work ethic and also her absolute love of life. She has created an amazing life for herself and her family, and there doesn't seem to be any stopping her!

Nikki has found her passion in life and really seems to be 'on purpose'.

Nikki is open, honest, easily relatable and more than willing to share her experiences/wisdom in order to assist and coach others given her passion for personal development."

- COUNCILLOR DEBORAH HUTCHENS, Mayor of Lane Cove Council

"Nikki Arnold's book, PositiviThink™, gives great information for those looking to believe in their dreams and succeed in reaching them! If you're seeking a book on personal growth that will propel you to YOUR next level, THIS is the book to read!"

- SHERRY BRANTLEY, Author of STEPP: Start To Exercise Personal Power-How To Create Positive

> "When Nikki Arnold talks about BHAGs – Big Hairy Audacious Goals! – I break out into a smile. Whenever I'm faced with a frightening situation (or opportunity,) I tell myself, "Go bigger!" by imagining an even bigger goal. Nikki's book is filled with little gems like this that you can carry with you and take out whenever you need to remember who you really are."

- RHONDA URETZKY, Author of The Blissful Warrior: Living the Paradox Of Peace and Passion for Today's Empowered Woman

"PositiviThink™ is not just about positive thinking. It's about overcoming your struggles and learning how to live your best life. You'll be shown how to steer away from negative self-talk and have the courage and confidence to go after what you want in life to truly create a life by design. A must-read if you want to quickly and permanently transform your life to live with passion, purpose, and reward."

- STANLEY BECKETT, Author of Liftoff

"Nikki's passion to help others motivated her to write this book, an invaluable resource that will inspire and provide real-life practical steps for anyone who wants to achieve amazing personal results and pursue their greatest goals."

- AHMAD DURANAI, Author of The Leadership Zone



Thank you for considering Nikki Arnold JP for your next interview. Nikki would love to serve you and provide value to your audience and community!

CONTACT INFORMATION:

- nikki@inspiredliving.international
- +61 410 439 291
- f Facebook.com/positivithink
- Twitter.com/NikkiArnoldJP
- in Linkedin.com/ in/nikki-arnold-jp-2b9075a8
- http://nikkiarnoldjp.com/FREE/